|  |
| --- |
| A |

1. Advocate

A&O Alert and Oriented

AA Alcoholic Anonymous

ac Ante Cibum (before meals)

ACT Assertive Community Treatment

ad lib Ad Libitum (as desired, at pleasure)

AD Advanced Directive(s)

AD right ear

ADA Americans with Disabilities Act

ADD Attention Deficit Disorder

ADHD Attention Deficit Hyperactivity Disorder

ADL Activities of Daily Living

Adm Admission/admit

adol. adolescent

ADR Adverse Drug Reaction

AEB As Evidenced By

Afib Atrial fibrillation

AH Auditory Hallucination

AIDS Acquired Immune Deficiency Syndrome

AIMS Abnormal Involuntary Movement Scale

AKA Also known as

ALOS Average Length of Stay

alc alcohol

Alk. phos Alkaline phosphatase

AMA Against Medical Advice

AM ante meridian (morning; before noon)

amt amount

Amphet Amphetamine

Anon anonymous

Ans answer

Ante before

AOT Assisted Outpatient Treatment

Apt apartment

approx approximately

appt appointment

APS Adult Protective Services

AOASOC Adult/Older Adult System of Care

AS left ear

ASA Aspirin

ASAP As Soon As Possible

Asnmt assignment

assmt. Assessment

ASW Associate Social Worker (BBS)

AT Activity Therapy

attn attention

Atty attorney

AU both ears

A/VH auditory/visual hallucinations

AWOL Absent Without Leave/abscond

|  |
| --- |
| B |

B&C Board and Care

B&R Book and Release

BAL blood alcohol level

BHS Behavioral Health Services

BI Brain Injured/Injury

BIB Brought In By

bid twice a day

Bio Biological

BM Bowel Movement

BMI Body Mass Index

BMOD behavior modification

BP Blood Pressure

BPD Borderline Personality Disorder

BS Blood Sugar

BSAR Behavior, Stimuli, Action, Response

btw between

BUN Blood Urea Nitrogen

BW Body Weight

Bx behavior

|  |
| --- |
| C |

ć with

Ca calcium

CAD Coronary Artery Disease

CAH command auditory hallucinations

Cal Calorie

cap(s) capsule(s)

CAT Computerized Axial Tomography

cath catheter

CAUC Caucasian

CBC complete blood count

CBT Cognitive Behavioral Therapy

cc cubic centimeter

CC Chief Complaint

C/O or c/o complains of

CD Chemical Dependency

CDC Center for Disease Control

Cert Certification (14-day hold)

CFR Code of Federal Regulation

CFT Child Family Team

chem dep chemical dependence

CHF Congestive Heart Failure

ChgN Charge Nurse

chol cholesterol

CI Crisis Intervention

CLT/clt Client

CM Case Manager

CMA Case Management Assistant

CME County Medical Examiner

CMgt Case Management

CMS Centers for Medicare & Medicaid Services

CN Cranial Nerve

CNS Central Nervous System

Cnty County

CO Carbon Monoxide

CO2 Carbon Dioxide

COD Co-occurring Disorders

Cog cognitive/cognition

Col Collateral

combo combination

Cons Conservator/ship

cont continue(d)

conv conversations

coord coordination

COPD Chronic Obstructive Pulmonary Disorder

CP Client Plan

CP Cerebral Palsy

CPK Creatine Phosphokinase

CPR Cardiopulmonary Resuscitation

CPS Child Protective Services

CPT Current Procedural Terminology

Creat Creatinine

CRF Chronic Renal Failure

Crystal Crystal-methamphetamine

CSF Cerebrospinal Fluid

CSU Crisis Stabilization Unit

CT Computerized Tomography

ctr center

Ctry Country

CV Cardiovascular

CVA Cerebrovascular Accident

CVD Cardiovascular Disease

CWS Child Welfare Services

Cx Cervix

CXR Chest X-Ray

|  |
| --- |
| D |

D.O. Doctor of Osteopathy

D/C Discontinue/discharge

d/o disorder

DBT Dialectical Behavioral Therapy

DDx Differential Diagnosis

DD Developmentally Disabled

DEC decanoate

DEA Drug Enforcement Agency

del. delusions

depr depression

dept department

DET Detention for Evaluation and Treatment

detox Detoxification

DHCS Department of Healthcare Services

dict Dictated

diff differential

disorg disorganized

disp dispense

DJD Degenerative Joint Disease

dl deciliter

DM Diabetes Mellitus

DNA Deoxyribonucleic Acid

D/O disorder

DOA Dead On Arrival

DOB Date Of Birth

doc documentation

DOI Date Of Inquiry/Date Of Injury

DON Director of Nursing

DOS Date of Service

DP Discharge Planning

DP/SNF District Part/Skilled Nursing Facility

DPT Diphtheria, Pertussis, Tetanus

DR Day Rehabilitation

DRG Diagnosic Related Group

drsg. dressing

DSM V Diagnostic and Statistical Manual of Mental Disorders V

DSS Department of Social Services

DTO Danger to Others

DTS Danger to Self

DTSO Danger to Self and Others

DTs Delirium Tremens

DV Domestic Violence

Dx Diagnosis

|  |
| --- |
| E |

Ea each

EBP Evidence Based Practices

EBT Electronic Benefits Transfer

e.g. exempli gratia (for example)

ECT Electroconvulsive Therapy

ed education

EEG Electroencephalogram

EENT Eye, Ear, Nose & Throat

eff effective

EHR Electronic Health Record

EKG/ECG Electrocardiogram

EMDR Eye Movement Desensitization & Reprocessing

EMG Electromyogram

EMS Emergency Medical Services

EMT Emergency Medical Team

EMTALA Emergency Treatment and Labor Act

ENT Ear, Nose, Throat

EOB Explanation of Benefits

EPS Extrapyramidal Symptoms

EPU Emergency Psychiatric Unit

ER Emergency Room

Et.Al. (Et alli) and others

etc et cétera

ETOH Ethyl Alcohol

eval Evaluation

exp expired

ext extract/external

|  |
| --- |
| F |

F Female

FA Father

fam family

fax facsimile

FBS Fasting Blood Sugar

Fe Iron

FeSO4 Ferrous Sulfate

FH Family History

fl fluid

FS finger stick

FSH Follicle Stimulating Hormone

Ft feet

FT Family Therapy

f/u follow up

Fx Fracture

fxn function

|  |
| --- |
| G |

G1, G2, etc. Gravidity: number of pregnancies

GABHS Group A Beta-Emolytic Streptococcus

GB Gallbladder

GC Gonorrhea

gc gross confusion

GD Gravely Disabled

GE Gastroenterology

GERD Gastroesophageal reflux disorder

gf girlfriend

GFa/GMo Grandfather/Grandmother

GFR Glomerular Filtration Rate

GG Gamma Globulin

GI Gastrointestinal

Gluc Glucose

gm gram

GMEC Graduate Medical Education Committee

Grp tx Group Therapy

GSW Gunshot Wound

gtt/gtts gutta (a drop)/guttae (drops)

GU Genitourinary

GYN Gynecology

|  |
| --- |
| H |

H&H Hemoglobin and Hematocrit

H&P History and Physical

h.s/hs hora somni (at bedtime)

H/A Headache

H/O History Of

H2O Water

H2O2 Hydrogen Peroxide

Hal Haloperidol

halluc hallucinations

HBV Hepatitis B virus

HC Hydrocortisone

HCG Human Chorionic Gonadotropin

Hct Hematocrit

HCTZ hydrochlorothiazide

HEENT Head, Eyes, Ears, Nose, Throat

hemat Hematology

hgb hemoglobin

HGH Human Growth Hormone

HHSA Health and Human Services Agency

HI Homicidal Ideation

HIMS Health Information Management Services

HIPAA Health Insurance Portability and Accountability Act

HIV Human Immunodeficiency Virus

HMEC Hospital Medical Executive Committee

HMO Health Maintenance Organization

HOH/HH hard of hearing

hosp hospital

HPI History Of Present Illness

HR Heart Rate

hr hour

hs at bedtime, hour of sleep

Ht Height

HTN hypertension

HW Homework

Hx History

|  |
| --- |
| I |

I&J Insight and Judgment

I&O Intake and Output

i.e id est (that is)

IBW Ideal Body Weight

IC Infection Control

ICD-10CM International Classification of diseases – Tenth Revision – Clinical Modification

ICM Intensive Case Management

ICN Institutional Charge Nurse

ICU Intensive Care Unit

ID Identification

IDDM Insulin-Dependent Diabetes Mellitus

IEP Individualized Education Plan

IgA, IgG immunoglobulin A, immunoglobulin G, etc.

ILF Independent Living Facility

IM Intramuscular

IMD Institute of Mental Disease

IMF Intern – Marriage Family Therapist

immun. Immunization

IMR Illness Management and Recovery

in situ in (natural or original) position

Inappro Inappropriate

Ind/indiv individual

info information

inh inhalation

inj injection

Inpt/I/P Inpatient

INS Immigration and Naturalization Services

ins insurance

Invol Involuntary

IOR Ideas of Reference

IQ Intelligence Quotient

IRB Institutional Review Board

irreg irregular

ISP Individual Service Plan

IT Information Technology

ITP Individual Treatment Plan

IU International Unit

IUD Intrauterine Device

IV Intravenous

|  |
| --- |
| J |

JCAHO Joint Commission on Accreditation of Healthcare Organizations

Jr Junior

|  |
| --- |
| K |

K+ Potassium

KC104 Potassium Per Chlorate

KCAL Kilogram Calorie

KCL Potassium Chloride

Kg kilogram

KUB Kidney, Ureter, Bladder

|  |
| --- |
| L |

L Left

l liter

L/min Liters per minutes

lab laboratory

lac laceration

lat lateral

lb pound

LBBB Left Bundle Branch Block

LCSW Licensed Clinical Social Worker

LDel left deltoid

LDH Lactic Dehydrogenase

LE lower extremity

LE Lupus Erythematosus

LED Lowest Effective Dose

LEP Limited English Proficiency

LFT Liver Function Tests

Li+  Lithium

LiCO3 Lithium Carbonate

liq liquid

LLE Left Lower Extremity

LLL Left Lower Lobe

LLQ Left Lower Quadrant

LMFT Licensed Marriage Family Therapist

LML Left Middle Lobe

LMP Last Menstrual Period

LOA Loosening of associations/loose associations

LOC Level of Care

LOC Loss of Consciousness/Level Of Consciousness

LOS Length Of Stay

LPCC Licensed Prof. Clinical Counselor

LPHA Licensed Practitioner of Healing Arts

LPN Licensed Practical Nurse

LPS Laterman-Petris-Short (conservatorship)

LPT Licensed Psychiatric Technician

LSD Lysergic Acid Diethylamide

LTC Long Term Care

LUE Left Upper Extremity

LUL Left Upper Lobe

LUQ Left Upper Quadrant

LVH Left Ventricular Hypertrophy

LVN Licensed Vocational Nurse

LWBS Left without being seen

lymph lymphatic

lymphs lymphocytes

Lytes electrolytes

|  |
| --- |
| M |

M Male

MAR Medication Administration Record

Mat Maternal

max maximum

MCE Medical Care Evaluation

mcg microgram

MCH Mean Corpuscular Hemoglobin

MCHC Mean Corpuscular Hemoglobin Concentrate

MCP Metacarpal-Phalangeal Joint

MCV Mean Corpuscular Volume

M.D./MD Medical Doctor

MDD Major Depressive Disorder

MDT Multidisciplinary Team

med medication

MEDI-MEDI Medical-Medicare

mEqL Milliequivalent per Liter

Meth Methamphetamine

mg milligram

Mg+ Magnesium

Mgr Manager

mgmt management

MH Mental Health

MHA Mental Health Aide

MHC Mental Health Counselor/ Mental Health Center

MHS Mental Health Services

Mi miles

MI Myocardial Infarction

min minute

MIS Management Information System

Misc miscellaneous

MJ Marijuana

ml milliliter

mm millimeter

MMPI Minnesota Multiphasic Personality Inventory

MMSE Mini-Mental Status Examination

MO Mother

Mo. month

mod moderate

MP Metatarsal-phalangeal

MRI Magnetic Resonance Imaging

MS Multiple Sclerosis

MSE Mental Status Examination

msg message

MSW Master Social Work

mtg(s) meeting(s)

|  |
| --- |
| N |

N&V Nausea and Vomiting

N North

N/A Not Applicable

NA Narcotics Anonymous

Na+ Sodium

NaCl sodium chloride

NAD No Acute Distress

NAMI National Alliance on Mental Illness

NAS No Added Salt

NC/AT Normocephalic, Atraumatic

NCS No Concentrated Sweets

neg negative

neuro Neurological

N/G Nasal Gastric

NIDDM Non-Insulin Dependent Diabetes Mellitus

NKA No Known Allergies

NKDA No Known Drug Allergies

No. number

NOC Night/Nocturnal

NOS Not Otherwise Specified

NP Nurse Practitioner

NPH Type of Insulin (Isophane)

NPI National Provider Identifier

NPO Nil per os (Nothing By Mouth)

NR no refill

NS Normal Saline

N/S No Show

NSAIDS non-steroidal anti-inflammatory drugs

nsg nursing

NSR Normal Sinus Rhythm

NTE Not To Exceed

NTG Nitroglycerine

|  |
| --- |
| O |

O2 Oxygen

OU Oculus Uterque (both eyes)

OB Obstetrics

OD Overdose

OD Oculus dexter (right eye)

oint ointment

OOB Out Of Bed

OP, outpt outpatient

OR Operating Room

Ortho Orthopedic(s)

OS Oculus Sinister (left eye)

OSHA Occupational Safety and Health Administration

OT Occupational Therapy

OTC Over The Counter

OU Oculus uterque (both eyes)

oz ounce

|  |
| --- |
| P |

P pulse

P&A Percussion & Auscultation

PCon Permanent Conservator or Conservatorship

pm noon – midnight

PA Parole Agent

PT Physical Therapist

P1, P2, etc PARA1, PARA2, etc. (# of pregnancies)

PA & lat Posterior-Anterior and lateral

PAP (smear) Papanicolaou smear

PARA Parity: number of pregnancies carried to viable gestational age

PAT Paroxymal Atrial Tachycardia

path pathology

pb phenobarbital

P/c phone call

PCN Penicillin

PCP Phencyclidine

PCP Primary Care Physician/Provider

PDR Physicians’ Desk Reference

PE Physical Examination

ped pediatrics

per through, according to

PERM Payment Error Rate Measurement

PERRL Pupils Equal, Round and Reactive to Light

PERRLA Pupils Equal, Round and Reactive To Light and Accommodation

PERT Psychiatric Emergency Response Team

PFT Pulmonary Function Test

PG Public Guardian

PH Past History

ph symbol for hydrogen ion concentrate

PHF Psychiatric Health Facility

PHN Public Health Nurse

Ph.D. Doctor of Philosophy

Pharm.D. Doctor of Pharmacy

PHP Partial Hospitalization Program

PID Pelvic Inflammatory Disease

PIN Personal Identification Number

PIR Problem-Intervention-Response

Pkg package

PKU Phenylketonuria

PM (post meridian) afternoon

PMH Past Medical History

PMS Pre-Menstrual Syndrome

po by mouth

PO Probation/Parole Officer

post-op post-operative

PPD-S, PPD Purified Protein Derivative, Tuberculin (Stabilized Solution)

PPT Partial Prothrombin Time

pre-op pre-operative

prep preparation (for)

prev previous

PRN pro re nata (as needed, as necessary)

Prob problem

pro time prothrombin time

prog Progress

PSU Psychiatric Security Unit

Psy.D. Doctor of Psychology

psych psychology

psych test psychological testing

Pt/pt patient

PT Physical Therapy/Therapist

PTSD Posttraumatic Stress Disorder

PUD Peptic Ulcer Disease

Pvt private

PW Pregnant woman

|  |
| --- |
| Q |

q, Q quaque (every)

q2h, q3h Every 2 hours, every 3 hours, etc

Qam/QAM quaque mane (every morning)

QD every day

Qh/QH quaque hora (every hour)

QHS quaque hora somni (every bedtime)

QI Quality Improvement

Qid/QID quarter in die (4 times a day)

QOD every other day

QM Quality Management

|  |
| --- |
| R |

R Restraint

R Right

R&B Room and board

R&R rest and relaxation

R&S Restraints and Seclusion

RD Registered Dietician

R/O Rule Out

RBBB Right Bundle Branch Block

RBC red blood cell

RCA Root Cause Analysis

re: with regards to/regarding

rec recreation

rec. Recommend (-ed)(-ation)

Rec’d received

ref refused

Ref Reference/referred

RET Rational Emotive Therapy

rehab rehabilitation

REM rapid eye movement

RF rheumatoid factor

RH Rhesus (blood factor)

RIS Responding to Internal Stimuli

RLE Right Lower Extremity

RLL Right Lower Lobe

RLQ Right Lower Quadrant

RML Right Middle Lobe

RN Registered Nurse

ROI Release of Information

ROM Range Of Motion

ROS Review Of Systems

RPR Rapid Plasma Reagin (test for syphilis)

RRR Regular Rate & Rhythm

RT Recreation Therapy/Therapist

RTC Return to Clinic

RUE Right Upper Extremity

RUL Right Upper Lobe

RUQ Right Upper Quadrant

RV Right Ventricular

RVH Right Ventricular Hypertrophy

Rx Prescription

rxn reaction

|  |
| --- |
| S |

ś without

S/E side effects

SW Social Worker

S/P Status Post

S1, S2 first heart sound, second heart sound

sa substance abuse

SA Suicide Attempt

SARS Severe Acute Respiratory Syndrome

Sat saturated

Schiz Schizophrenia

S.D./SD San Diego

SDCPH San Diego County Psychiatric Hospital

SDPD San Diego Police Department

SEC Supported Employment Counselor

Sec8 Section Eight

SED Severely Emotionally Disturbed

sed Sedimentation

sed rate erythrocyte sedimentation rate

SGOT Serum Glutamic Oxaloacetic Transaminase

SGPT Serum Glutamic Pyruvic Transaminase

SH Social History

SI Suicidal Ideation

Sib(s) sibling(s)

sig Directions to Patient (“write on label”)

SL Sublingual

SLE Systemic Lupus Erythematosus

SLF Sober Living Facility

SMI Serious Mental Illness

SMO Second medical opinion

SNF Skilled Nursing Facility

SO Significant Other(s)

SOB Shortness Of Breath

soc social/socialization

sol solution

SPA State Plan Amendment

Spec Ed Special Education

spec specimen

SPMI Serious Persistent Mental Illness

Sr. Senior

SRO single room occupancy

SS Social Security

SSA Social Security Administration

SSD Social Security Disability

SSDI Social Security Disability Insurance

SSI Supplemental Security Income

SSN Social Security Number

SSRI Selective Serotonin Reuptake Inhibitor

staph Staphylococcus

START Short Term Acute Residential Treatment (crisis house)

STAT Statim (immediately)

STD Sexually Transmitted Disease

STI Sexually Transmitted Infection

Strep Streptococcus

sub.q. subcutaneous

SUD Substance Use Disorder

Sup. Supervisor

supp suppository

surg surgery

susp. Suspension

Svc service

Sx(s) symptom(s)

Sx Mgmt symptom management

sz dis seizure disorder

|  |
| --- |
| T |

T Therapist

T1, First Thoracic Vertebrae,

T2 Second, Thoracic Vertebrae

T3 Triiodothyronine

T**4** Thyroxine

Tab(s) tablet(s)

TB/tb Tuberculosis

TBI Traumatic Brain Injury

TBS Therapeutic Behavioral Services

Tbs tablespoon

TC Thought Content

TCon. Temporary Conservator or Conservatorship

TCM Targeted Case Management

Tel Telephone

TEMP Temperature

TENS Transcutaneous Electrical Nerve Stimulation

THC marijuana

TIA Transient Ischemic Attack

TID ter in die (three times a day)

TIW three times per week

TLC tender loving care

top topically

TPR Termination of Parental Rights

Trg training

TSH Thyroid-Stimulating Hormone

tsp teaspoon

Tx treatment/therapy

TxP Treatment Plan

TxTm Treatment Team

|  |
| --- |
| U |

UA Urinalysis

UBx unpredictable behavior

UCR Usual, Customary and Reasonable

UDS Urine Drug Screen

UE Upper Extremity

unauth unauthorized

Unk unknown

UM Utilization Management

UR Utilization Review

URI Upper Respiratory Infection

Urol Urology

UTI Urinary Tract Infection

|  |
| --- |
| V |

VA Veteran’s Administration

VO Verbal Order

Voc Rehab Vocational Rehabilitation

Vag Vagina/Vaginal

VDRL Venereal Disease Research Laboratory (blood test for syphilis)

Vets Veterans

VH Visual Hallucinations

VM Voice Mail

voc vocational

vol voluntary

vol volume

VS Vital Signs

vs. Versus

|  |
| --- |
| W |

w/ with

W/C Wheel Chair

W/D Withdrawal

w/o without

wa while awake

WAIS-R Wechsler Adult Intelligence Scale-Revised

WBC White Blood Count

WD, WN Well Developed, Well Nourished

WHO World Health Organization

WISC-III Wechsler Intelligence Scale for Children – third edition

wk Week

wkly weekly

WNL Within Normal Limits

wt weight

|  |
| --- |
| X, Y, Z |

x Times

Yd yard

y/o year (s) old

yr. year

YTD Year to Date

## Symbols

 Psychology, Psychological

↑ Increase

↓ Decrease

>X greater than X

<X less than X

♂ Male

♀ Female

= equal to

% percent

∆ Change

1° primary

2° secondary

& and

# pounds/number

1:1 one-to-one/individual session

? Question

Ox3 oriented times three (person, date place)

≈ Approximately

$ dollar (money)

i,ii,etc. one, two, etc.

Ø none/zero

― less/minus/negative

+ plus/add/positive

√ Check or yes

√’s check